



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Appendix 3

Choice of Accommodation

Your discharge from hospital care

**Information for you, your family and carers,
about choosing your future place of care in a
residential or nursing home setting.**



Aneurin Bevan Health Board

abhb.enquiries@wales.nhs.uk

Phone: *****

Fax: *****



The Health Board will make every effort to help you leave hospital as soon as you are able to be discharged. We need to only use hospital beds for those patients who need specific hospital services due to their physical or mental illness.

We cannot do this if beds are occupied by people waiting a long time for arrangements to be made for their accommodation when they are discharged.

If you cannot return to your home...

The Health Board together with Local Authorities, will support personal choice when people need to be placed in care homes based on the Welsh Assembly Government's 1993 updated guidance.

When a multi-disciplinary assessment meeting (MDT) has agreed that care in a nursing or residential home is the most appropriate place to meet all your care needs, staff in our Community Hospitals fully understand how difficult this decision may be for you the patient, your family or carers. We will make every effort to discuss this important decision with you explaining the choices available. This may be about the type of residential or nursing accommodation that is best for you, and what is available locally.

We will encourage you to identify **at least three care homes that are suitable for your future accommodation**. The care homes you choose can be ranked in your order of preference but you should look at all your choices simultaneously. Some areas have more numbers of care homes than others, and it may be helpful for you to consider options a little farther away if this is possible for you and your family or carers.

We understand that you may have a particular choice about where you wish to go, and that there may be a waiting list for your chosen home. However it is not appropriate nor in your interest to remain in a hospital bed until a place in a particular home becomes available, and temporary arrangements may need to be agreed and arranged to meet your needs.

Our Community Hospital staff and all the professionals involved in your care will help you to your chosen residential care or nursing home. We appreciate that for you as well as your family and carers this is a life-changing decision, extending far beyond the obvious practicalities. We will consider your best interests in all decision-making.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board



Preferred Accommodation

You are able to exercise **reasonable choice** about the residential, nursing or care home. If you will need care by a registered nurse, the health assessment of the Health Board and the MDT will decide how well that nursing or care home can meet your assessed nursing care needs. The Health Board and the relevant Local Authority will need to agree on your placement into the care home, and funding for that placement, before you can be discharged there.

The Health Board and the Local Authority will arrange for your care in your preferred accommodation subject to the following considerations:

1. Interim Placements

If it is not possible for you to move to your preferred choice of accommodation the Local Authority may identify another appropriate **interim** (temporary) care home.

In this case, we will meet with you or your nominated person to discuss your rights, as well as the risks of remaining in hospital and the acknowledged benefits to you for resettling into your new home as soon as possible.

We will then help you to move into this **interim choice** care home until a place in one of your chosen care homes becomes available. The local authority will ensure that you are placed on the waiting list of your preferred accommodation and will aim to move you into that accommodation as soon as a place becomes available. We will keep you informed of progress.

2. Will I have to pay for my care?

If assessment—(16)(17) in accordance with the **National Assistance (Assessment of Resources) Regulations to contribute towards his or her care costs 1992**— has shown that you will have to contribute towards your care, you will not be asked to pay more than your assessed financial contribution while waiting in a interim/temporary care home.

You and your family and carers will be given access to the best advice and information to help you make informed decisions about your care.

“Think About Me”: **Good Care Guide** is a local web based feedback system where residents and relatives can rate care homes and provides a wealth of information for those choosing their new nursing or residential care home of choice www.goodcareguide.co.uk/thinkaboutme



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

3. "Topping Up" to More Expensive Accommodation

In certain circumstances, Local Authorities can arrange placements in more expensive accommodation, provided that you or someone else (for example a relative, a friend, or any other source) is able and willing to make up the difference (to 'top up').

Local Authorities would not pay more than their usual local fee if an alternative appropriate bed is available with reasonable access for your family carers or friends.

A Local Authority should not seek 'top-up' contributions in cases where there is no alternative with reasonable access. Where there are no placements at the authority's usual rate, the authority should not leave individuals to make their own arrangements having determined that they need to enter a care home and do not have care and attention otherwise available to them. In these instances, authorities should make suitable alternative arrangements and seek no contribution from the individual other than their contribution as assessed under the National Assistance (Assessment of Resources) Regulations 1992. Authorities must never encourage or otherwise imply that care home providers can or should seek further contributions from individuals in order to meet assessed needs. -

(*Need to make this more easy-read)

Welsh Government / NHS Guidance and the Law

The Health Board is under no direct obligation to provide the accommodation of your choice when you are discharged. There are no statutory principles (unlike for example, principles that apply to Local Authorities) that impose an express duty upon a Health Board to offer choice to a patient.

However the Health Board will take into account your wishes when planning appropriate accommodation for you. Your discharge will depend upon a number of different factors, including your wishes (and those of your relatives, carers or advocate), the location of family and friends, the cost of any accommodation, and the availability of a placement. The Health Board also has a duty to manage its resources and ensure that the needs of other patients are met as well.

Welsh Government Guidance to Welsh Health Services (12) makes clear that the process of moving a patient from hospital to a care home must be completed within three weeks of the date the person is assessed as being ready for discharge. We hope that this process will be completed within three weeks.

The Minister for Health and Social Services has emphasised that whilst patients do have a right to choice of care setting that must not be allowed to override the rights of other people who are waiting for a hospital bed to receive treatment (13).



Could we provide links to this guidance?



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board



The Health Board has a responsibility to plan and provide a safe and appropriate discharge for you. If you do not make a choice about your accommodation, we will still have to carry on with planning your discharge. This means that the Health Board and the Local Authority may discharge you to alternative accommodation with a safe and appropriate package of health and social care.

Where the Health Board has arranged a Continuing Healthcare placement, affordability and sustainability of the placement will be considered when making the decision following the guidance '**Sustainable Care Planning in Continuing NHS Healthcare**' 2011.



List of Nursing and Care Homes

On the following pages you will find a list of nursing and care homes in the Gwent area.

Spaces in the accommodation and nursing provision varies from week to week.

Nursing staff will discuss current availability with you.

Please ask a member of staff if you require more information about your care or anything in this leaflet.

We hope you find this booklet reassuring and that it helps to make your experience a positive one where you have more choice and control.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

MONMOUTHSHIRE		
Name of Establishment	Telephone Number	Category of Care
Bethany (Chepstow)	01291 621425	30 Residential 6 EMI Residential
Castle Court (Chepstow)	01291 625597	25 Residential
Castleford House (OOC) (Chepstow)	01291 629929	20 General Nursing 20 Mild to moderate EMI Nursing
Cherry Tree (Caldicot)	01291 421940	36 Nursing 5 Residential
Crick House (Caldicot)	01291 430909	29 Nursing 6 Residential
Severn View (Chepstow)	01291 638921	16 EMI Residential 2 EMI Res Respite 11 Residential 3 Residential Respite
St. Anne's (Chepstow)	01291 622050	25 EMI Nursing
Sedbury Park (OOC) (Chepstow)	01291 627127	19 Nursing 12 Residential 49 EMI Residential
The Priory (Llandogo)	01594 530581	56 beds either Nursing or Residential
Avenue Road (Abergavenny)	01873 857607	28 Nursing 3 Residential
Belmont House (Abergavenny)	01873 850276	14 Residential 12 EMI Residential
Cantref (Abergavenny)	01873 852451	22 Residential
Gibraltar House (Monmouth) Initial Administration charge of £49.95	01600 775880	67 EMI Nursing 3 EMI Residential 21 Nursing 4 Residential
Glaslyn Court (Abergavenny)	01873 830218	22 Nursing 3 Residential 21 EMI Nursing 8 EMI Residential 20 under 65 MH
Mardy Park (Abergavenny)	01873 853706	4 Residential 7 Res Respite 8 Phys Rehab includes 3 under 65
Parade House (Monmouth)	01600 712821	18 Residential
Penpergwm (Abergavenny)	01873 840267	30 Residential
Rozelle (Abergavenny)	01873 854047	24 EMI Nursing

NEWPORT		
Name of Establishment	Telephone Number	Category of Care
Ashton Park—Central	01633 262723	18 Residential
Blaen-y-Pant (LA) - Malpas	01633 855548	23 Residential 12 EMI Residential
Caerleon House—Caerleon	01633 423535	52 Nursing 2 Palliative Care
Capel Grange—Central	01633 258902 258918 258909	44 Nursing EMI Unit 28
Danygraig Nursing Home	01633 282316	49 Nursing
Eleanor Hodson House— Caerleon	01633 430994 ext 0	7 Residential 25 Nursing
Emmaus—Central	01633 251845	16 Residential
Florence Justice—Central	01633 221800	27 Residential
Glenmore—Central	01633 258601	22 Residential Including up to 4 EMI
Hillside (LA) - Gaer	01633 246994	14 Residential 10 EMI Residential
Mayfield—Central	01633 215050	21 Residential
Millheath Nursing Home— Bettws	08714 232601	27 Nursing 11 EMI Residential
Parklands (inc 3 respite) (LA) - Malpas	01633 821249	32 Residential
Pentwyn Nursing Home— Marshlands	01633 680217 Ext 1	1 Residential 38 Nursing 2 Palliative Care
St. Catherine's—Central	08714 232603	30 Nursing
Spring Gardens inc 4 res- pite (LA) - Central	01633 222768	30 EMI Residential 4 Residential respite
Stow Park—Central	01633 212262	31 EMI Nursing
Summerhill Nursing Home—Central	08714 232602	27 Nursing
The Fields—Central	01633 265523	34 Nursing
The Oaks—Rogerstone	01633 893665 or 891278	30 Residential
Tregwilym Lodge— Rogerstone	01633 896100 Ext 4	31 EMI Residential 38 EMI Nursing
Willow House - Central	08714 232607	13 Residential 7 EMI Residential



TORFAEN		
Name of Establishment	Telephone Number	Category of Care
Leadon Court Care Centre, Cwmbran	0871 4232606	22 Nursing 11 EMI Residential
New Inn Nursing Home, Pontypool	0871 4232605	23 Nursing
Panteg Nursing Home, Pontypool	0871 4232604	38 Nursing
Thomas Gabrielle Nursing Home, Cwmbran	01633 868241	40 Nursing 3 Residential
Thomas Gabriel EMI Residential Home, Cwmbran	01633 869738	26 EMI Residential
Thistle Court Nursing Home, Cwmbran	01633 877845	34 EMI Nursing 2 EMI Residential
Ty Ceirios Nursing Home, Pontypool	01495 752358	20 EMI Nursing 17 Nursing 2 Palliative Care (Nursing) (65+)
Hollylodge, Cwmbran	01633 866326	27 EMI Residential 2 Residential
Llanyravon Court, Cwmbran	01633 876112	45 Nursing/ Residential 1 MH Residential 3 Palliative Care (Nursing) (65+) 1 Palliative Care (Nursing) (-65)
Sunnybank Nursing Home, Pontypool	01495 763473	24 LD Nursing (65+) 8 LD Nursing (-65)
Mayflower Residential, Cwmbran	01633 483537	23 Residential 1 EMI Residential
Regency House, Pontypool	01495 763597	53 EMI Residential
Ty Bryn, Pontypool	01495 772761	2 Residential (60+) 20 EMI Residential (60+)
Hafod Residential Homes		
Arthur Jenkins, Blaenavon	01495 790319	28 Residential
Cwmbran House, Cwmbran	01633 838806	56 Residential 19 EMI Residential 1 YMI Residential
Plas-y-Garn, Pontypool	01495 757708	24 EMI Residential 10 Residential
Ty Gwyn, Cwmbran	01633 838697	18 Residential 16 EMI Residential 2 MH Residential (-65)



BLAENAU GWENT		
Name of Establishment	Telephone Number	Category of Care
Bank House Ebbw Vale	304325	3 Res. 24 Nurs 29 Nurs EMI
Beacon Lodge Brynmawr	313463	6 Res. (Younger Adults)
Bedwellty Park Tredegar # (if requested)	711788	14 Res.
Bridge House Ebbw Vale	306837	28 Res. 12 EMI
Brynwood Brynmawr	314907	32 Nurs
Cwmseren Care Home Tredegar	717466	19 Nurs 10 Res
Cwmcelyn Blaina	290550	24 Nurs (Younger Adults 18-65)
Cwrt Mytton (LA) Abertillery	217736	13 Res. 22 EMI (Incl 2 Respite)
Glanbury Brynmawr	314909	35 Nurs EMI. 2 Younger Mental Health 3 EMI Res
Grosvenor Abertillery	320444	30 Nurs 12 Res.
Maes-y-Dderwen Tredegar	717181	24 Nurs (Younger Mental Health)
Plasgeller Brynmawr	314912	37 EMI Nurs 3 EMI Res
Red Rose Ebbw Vale.	352559	25 OP Nurs 3 OP Res 8 Younger Adults Physical Dis
The Rookery Ebbw Vale	302221	24 Res. 17 Res EMI
Woffington House Tredegar	717071 717667	34 EMI Res



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

CAERPHILLY

Name of Establishment	Telephone Number	Category of Care
Ashville Residential Home Brithir	01443842842	35 Dem Res
Bargoed Care Home (Four Seasons Healthcare) Bargoed	01443 879005	10 OP /31 OP Nurs.
Beatrice Webb (LA) Blackwood	01495 225773	28 OP.
Brindavan Care Home Aberbargoed	01443 873205	32 Dem Nurs.
Gilwern House Residential Home Pontllanfraith	01495 226515	13 OP.
Glan yr Afon Nursing Home Fleur-de-Lys	01443 835196	19 OP./20 Nurs.
Highfields Nursing Home Blackwood	01495 225221	10 OP./26 Nurs.
Millbrook Residential Home, Pontllanfraith	01495 225861	28 OP.
Millview Lodge (HC-One) Newbridge	01495 249193	20 Dem Nurs.
Millview House (HC-One) Newbridge	01495 249193	35 Dem Nurs.
Min y Mynydd (LA) Rhymney	01685 840595	25 Dem Res.
Oakdale Manor Residential Home Oakdale	01495 230900	30 Dem Res.
Ty Clyd (LA) Bargoed	01443 875553	22 Res.
Ty Derwen Residential Home, Crumlin	01495 243028	32 OP
Ty Iscoed (LA) Newbridge	01495 243189	20 OP/10 Dem Res.
Valley Manor (Puretruce) Rhymney	01685 844127	28 OP Nurs.
White Rose Home New Tredegar	01443 837183	16 OP./16 Dem Res.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

CAERPHILLY Cont		
Name of Establishment	Telephone Number	Category of Care
Abermill Care Home (HC-One) Abertridwr	02920 831622	9 OP./29 Dem Res.
Brodawel (LA) Caerphilly	02920 852552	22 Dem Res
Castle View (LA) Caerphilly	02920 852554	17 OP/11 Dem Res.
Church View (HC-One) Caerphilly	02920 852951	35 OP./10 Dem Res
Craig y Trwyn Nursing Home (Craegmoor Healthcare) Wattsville	01495 270475	4 OP/34 Nurs.
Medhurst Residential Care Home Crosskeys	01495 270385	22 OP/6 Dem Res
Parklands (HC-One) Bedwas	02920 880525	9 OP./35 OP Nurs.
Parkside Maesycwmmmer	01443 816577	19 Dem Res.
Trafalgar Park (HC-One) Nel- son	01443 450423	22 OP / 30 OP Nurs. / 24 Dem
Ty Penrhos (Hafod Care) 2 Beddau Way, Caerphilly	02920 854340	40 Dem OP / 20 Dem Nursing
Valley View Care Home (Four Seasons Healthcare) Hengoed	01443 862212	12 OP. /23 Dem Res / 30 OP Nurs.
Ynysddu Nursing Home Ynysddu	01495 200061	3 OP./28 OP Nurs.



We hope you find this booklet reassuring and that it helps to make your experience a positive one where you have more choice and control.



**GIG
CYMRU
NHS
WALES**

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board